



Winter Storm Relief Resources

Houston Harris County Winter Storm Relief Fund: For information on the Houston Harris County Winter Storm Relief Fund funding that may be available to assist with plumbing and home repairs, text HOUSTONFREEZE to 898211. *Para obtener información sobre los fondos del Houston Harris County Winter Storm Relief Fund que pueden estar disponibles para ayudar con la plomería y las reparaciones del hogar, envíe un mensaje de texto con HOUSTONAYUDA al 898211.*

United Way of Greater Houston has compiled a list of storm relief resources:

<https://www.unitedwayhouston.org/work/disaster/afterthestorm/>

Catholic Charities, financial assistance, food and water, home repairs info., legal resources, compiled guidance, and other services, <https://catholiccharities.org/winterstormhelp/>
Applications due 2/26/21

Houston Food Bank, 832-369-9390, <https://www.houstonfoodbank.org/winterstorm/>

FEMA, [DisasterAssistance.gov](https://www.fema.gov/disaster) or call 1-800-621-3362 or 1-800-462-7585

Texas Rent Relief, rent and utilities for COVID affected families, <https://texasrentrelief.com/>, 1-833-9TX-RENT, 1-833-989-7368, hotlines avail. Mon. - Sat. 8 a.m. - 6 p.m. CST

Texas Emergency Helpline, for additional resource referrals, 2-1-1

Communities In Schools of Houston (CIS) Emergency Fund, apply via your Student Support Manager at your campus up to \$250

Utilities: How do I apply for the COVID-19 Electricity Relief Program? Contact the state's Low Income List Administrator (LILA) at 866-454-8387 to enroll. This number is staffed 24/7. More information: <https://electricityplans.com/electricity-relief-program-covid19-bill-payment-assistance/#howapply>

Utilities: Baker-Ripley, utility assistance hotline: 713-590-2327

Social media alerts: If you follow local government or local elected officials on social media, as well as local social service providers, you can often be alerted to current food or water distributions or other offers, and also ways that you can help or volunteer.



Lone Star Legal Aid: Guidance blog on how to request repairs from Landlord
<https://lonestarlegal.blog/2021/02/19/texas-winter-storm-resource-renters-rights-how-to-request-repairs-from-landlord/>

Uhaul Offering Texans 30 Free Days of Storage: Please read article developed by ACB13 [here](#). Those interested can visit [U-Haul's Website](#) to locate a storage facility nearby.

SNAP Benefits:

- How to apply for lost SNAP benefits.
<https://www.khou.com/article/news/local/texas/texas-snap-benefits-replace-application-winter-storm/285-1666fa51-bac1-4480-b673-5516765c84ea>
- SNAP recipients can use food benefits to purchase hot foods, ready-to-eat meals.
<https://www.click2houston.com/news/local/2021/02/21/snap-recipients-can-use-food-benefits-to-purchase-hot-foods-ready-to-eat-meals-in-texas/>

Mental Health Services:

Routine Mental Health Services (call the phone number on the back of your insurance card to ask for an "in-network" provider, or consider one of these providers):

- **Family Houston**, 4625 Lillian St, Houston, TX 77007, (713) 861-4849, <https://www.familyhouston.org/>
- **Legacy Community Health**, 1415 California St., Houston, TX 77006, and various other locations, 832-548-5000, <https://www.legacycommunityhealth.org/contact-us/>
- **El Centro de Corazón**, 412 Telephone Rd, Houston, TX 77023, 713-660-1880, <https://www.elcentrodecorazon.org/>
- **The Harris Center for Mental Health and IDD**, various locations, 713-970-7000, <https://www.theharriscenter.org/>
- **DePelchin STAR** (Services-To-At-Risk Youth) Program, call for a therapist, (713) 664-3459, <https://www.depelchin.org/services-to-at-risk-youths/>
- **Catholic Charities of the Archdiocese of Galveston-Houston**, 713.874.6590 (Spanish and English), <https://catholiccharities.org/our-services/>
- **Jewish Family Service**, (713) 667-9336, https://www.jfshouston.org/childrens_mental_health.php



Crisis Mental Health Services:

- **The Harris Center**, Neuropsychiatric Center, 1502 Ben Taub Loop, Houston, TX 77030
- **The Harris Center**, 24/7 Crisis Line, 713-970-7000, press 1
- **Memorial Hermann Mental Health Crisis Clinics**, (713) 338-MHCC (6422), <http://www.memorialhermann.org/mental-health/locations/>
- **National Suicide Prevention Lifeline**: 1-800-273-8255
- **Your nearest Emergency Room/911**

Grief Support:

- **Bo's Place**, 10050 Buffalo Speedway, 77054, (713) 942-8339, <https://www.bosplace.org/en/>

Additional Support:

- **Texas COVID-19 Mental Health Support Line**, 833-986-1919
- **Jewish Family Service**, high school support group, <https://www.jfshouston.org/jfs-central/bmhs-support-groups-winter-2021>, 713-986-7832
- **Houston Hope Line**, free 5pm-8pm daily, 832-831-7337, <https://houstonhopeline.com/#about>
- **re:MIND depression and bipolar support**: <https://www.remindsupport.org/>, (713) 600-1131
- **National Alliance on Mental Illness (NAMI) of Greater Houston**, family support groups, <https://namigreaterhouston.org/support-groups-2/family-support/>, (713) 970-4419
- **Houston Area Women's Center**, domestic violence hotline: (713) 528-2121
- **Alcoholics Anonymous (AA) Houston**, 713-686-6300 (24/7), <https://aahouston.org/>
- **Al-Anon Houston**, 713-683-7227 (24/7), alanon@houstonalanon.org, <https://www.houstonalanon.org/>